



Cupcake Test- Self Control

Fun Testing Time!!!!!!

Do you have ***Self Control***? Here is test to all of the members!

Using your Favorite item Cupcake, game or candy as a test/prize, record your time of how long you can sit in front of it without touching it! To be more accountable ask a sibling or parent to watch you during this Test! there is no right or wrong timing just a test to show you your level of ***Self control***!

Please send your Time to the the email address bellow!

Send your completed list to this email >>>>>> Virtualclub@bgcnassauclubs.org
